

## Teeth whitening

Two methods of teeth whitening are offered, with laser treatments more suited to teeth with deeper colouring or staining.

## Laser whitening

Laser uses a single wavelength of light and is much more targeted with its interaction with dental tissue. This means virtually all types of stained teeth can be treated and this method is more suited to teeth with deeper coloured staining as well as those affected by tetracycline discolouration.

After cleaning, a protective coating is applied to the gums and then the special gel is applied to the teeth. Each tooth is then exposed to the laser for thirty seconds during which the patient either feels a tingling sensation or nothing at all. The gel is removed and the mouth rinsed.

This process is repeated usually for a total of three applications. The whole treatment lasts from one to one and one quarter hours. As the results are visible immediately, the patient can judge for themselves after each application, if they need to continue or if they have reached the desired result.

Teeth are then given a fluoride application activated by the laser to build stronger teeth.

For more information, visit [www.laserdentists.com.au/dental-teeth-whitening-bleaching-laser-ktp-soft-tissue.html](http://www.laserdentists.com.au/dental-teeth-whitening-bleaching-laser-ktp-soft-tissue.html)

## Zoom whitening

In under an hour, teeth can be lightened by up to eight shades using the Zoom system.

A combination of the Zoom light and gel penetrate teeth to break up stains and whiten teeth. The treatment is undertaken in the chair over three x 15 minute sessions.

One hour later, the results are clearly visible.

For more information, visit the Zoom website at <http://www.zoomnow.com>

## Pre-treatment for restorative porcelain veneers and crowns

Gum asymmetries can spoil the finished look of veneers and crowns. For patients going to the expense of these services, straight forward soft tissue correction of the gums can give a better overall result.

Sometimes corrections of a millimeter or two can make all the difference between an adequate result and one to smile about.

Especially useful for veneer and crowns in the smile zone, pre-treatment includes evaluating and correcting where the gum needs to be altered to achieve near-to-perfect symmetry.

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